

*“It should not be fear of impending disaster with regard to global change that obliges us to change our ways with regard to the natural environment. Rather, it should be a recognition of the cosmic harmony and original beauty that exists in the world. We must learn to make our communities more sensitive and to render our behavior toward nature more respectful. We must acquire a compassionate heart – what St. Isaac of Syria, a seventh century mystic once called a heart that burns with love for the whole of creation: for humans, for birds and beasts, for all God’s creatures.”*

*His All Holiness Patriarch Bartholomew*

June, 2011

Dear National Board Members, Chapter Presidents and Members of the Greek Orthodox Ladies Philoptochos Society,

Inspired by His All Holiness Ecumenical Patriarch Bartholomew, the National Philoptochos Environment Responsibility Committee continues to heighten the awareness of our members in their relationship with the environment. When observing and considering the environment, the world is in greater peril than ever.

With travel plans at their peak during the summer months, the committee offers the June bimonthly communication of “Green Tips” to share with your family, Philoptochos Chapter and Church Community. Follow these simple tips to do your part to care for the earth and conserve energy.

#### **BE RESPONSIBLE, GREEN YOUR RIDE AND CONSERVE ENERGY**

- **Combine your errands** – Save on gasoline by mapping out the most efficient route from your home to do everything in one trip.
- **Slow down** – Driving 10 miles per hour above 60 is like adding nearly 50 cents to the price of a gallon of gas, since higher speeds equal more guzzling.
- **Get Pumped** – Once a month, check the pressure of each of the tires against the guidelines listed in your car’s manual; add air if needed. Doing this can improve mileage by about 3 percent.
- **Air Out** – Replace filters regularly. A new oxygen sensor alone can improve mileage by 15%.

The world is a work of God. We must act responsibly so that it may be sustained. Enjoy your summer travels by doing your part – it will make a difference.

With love in Christ,



Aphrodite Skeadas



Theone Dickos, Chair



Diane Saphos, Co-Chair

Environment Responsibility Committee