

*St. Andrew's Greek Orthodox  
Women's Philoptochos Society  
Outreach Projects/Programs*



*5649 N. Sheridan Road  
Chicago, IL 60660*

*773-334-3415*

*773-334-3468 (fax)*

*Visit our website at:*

*[philoptochos@standreworthodox.org](mailto:philoptochos@standreworthodox.org)*

*<http://www.standreworthodox.org/ministries/sawps>*





*Greek Orthodox Ladies Philoptochos Society  
Philoptochos Prayer*

*O Lord Jesus Christ, we bow our heads before You, and with humble hearts we give thanks to You for the abundant blessings, which you have poured forth on us. We praise You for gathering us together as members of the Ladies Philoptochos Society in the service to Your Holy Church. We bless You for the selfless sacrifice of countless generations of women who have faithfully fulfilled the philanthropic mission entrusted to them. Through Your ineffable wisdom and Your Divine power. You have enabled us to minister to those who are in need of Your love, Your comfort, and Your care. Make us instruments of Your peace and of Your hope, O Lord. Where there is pain and suffering, may we bring Your healing and comfort. Where there is loneliness and isolation, may we bring the fellowship Of Your Holy Church. Where there is despair and discouragement, may we inspire hope and faith in You. Where there is hatred and strife, may we be peacekeepers producing the fruits of love and reconciliation.*

*We also ask You, O Lord, to guide our deliberations, our decisions, our fellowship, and all our labors, so that in all we do, or say, we may bring glory to Your Holy Name, of the Father and of the Son, and the Holy Spirit.*

*Amen*

*Written by: Bishop SEVASTIANOS of Zela*



## *NATIONAL PHILOPTOCHOS*

### **National Philoptochos Mission Statement**

*The Greek Orthodox Ladies Philoptochos Society, Inc., is the duly accredited women's philanthropic society of the Greek Orthodox Archdiocese of America. The mission of the Society shall be:*

- *To aid the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church through fund raising efforts;*
- *To promote the charitable, benevolent, and philanthropic purposes of the Greek Orthodox Archdiocese of America, through instructional programs, presentations, lectures, seminars and other educational resources;*
- *To preserve and perpetuate Orthodox Christian concepts and the Orthodox Christian Family, and through them, to promote the Greek Orthodox Faith and traditions, in accordance with its doctrines, canons, discipline, divine worship, usages and customs;*
- *To promote participation in the activities of the Greek Orthodox community, with the cooperation of the Parish Priest and the Parish Council.*

*The charitable work of the Society shall be performed with discretion, courtesy and kindness.*

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*National Philoptochos is the largest  
women's Christian charitable organization  
in the U.S.*

*We are 27,000 strong nationwide!!*



## *ST. ANDREW'S WOMEN'S PHILOPTOCHOS*

***Philoptochos is you and me making a difference***

*St. Andrew's Women's Philoptochos Society supports and helps those in need here in our community and beyond. Philoptochos assists the elderly, the sick and the poor. We give to Orthodox missions, IOCC, St. Basil's Academy, local hospitals, our neighborhood food pantry and other places. Philoptochos works to make the lives of others better.*

*We pray you choose to be part of St. Andrew's Women's Philoptochos in your time, talent, and support. It is only through your generous commitment that we are able to pursue our philanthropic mission.*

*The following pages detail our outreach projects, Please consider joining in to help with one of these projects. Whether you can help for one hour or spend the day with us, your time is appreciated!!*

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***St. Andrew's Women's Philoptochos Society,  
a chapter of National Philoptochos  
is a 501(c) 3 charitable organization***



## *Care for Real*

### **Care for Real Mission Statement**

*Our mission is to help our neighbors in the Edgewater community by providing food, clothing and referral services to those in need. We do this through on-site food distribution, deliveries to the home-bound, a free clothes closet and a case referral program to help clients connect with other services they may need.*

Care for Real is located at:  
5339 N. Sheridan Road, Chicago, IL, 60640

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**Contact for Care for Real: Dzana at 773-769-6182 or email [dh@careforreal.org](mailto:dh@careforreal.org)**  
**Hours of operation: Monday – Friday 8am – 4pm & Saturday 8am – 1pm**

**Contact from Philoptochos: Cindy Lynch**  
**[cindychef@yahoo.com](mailto:cindychef@yahoo.com) or 773-338-6491**

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**Philoptochos coordinates along with Sunday School and the Parish the following drives:**

- Thanksgiving Food Drive – collect food the months of October/November. Friday before Thanksgiving; serve a Lenten meal and sort through the food.
- Christmas Food Drive – collect food the months of November/December. Friday of Christmas Pageant rehearsal sort through the food.
- Personal Items Drive - during the year we collect items such as: toilet paper, laundry detergent, shaving cream/razors, hand soap and much more.

Philoptochos also gives Care For Real a check at Christmas to buy food from the Chicago Food Depository to replenish their food pantry during the year.

**Volunteers are needed at the Food Pantry.**

**For more information go to their website at [www.careforreal.org](http://www.careforreal.org) or call the contact number above.**

**Also, you may contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



## *Care for Real Backpacks*

### **Care for Real Mission Statement**

*Our mission is to help our neighbors in the Edgewater community by providing food, clothing and referral services to those in need. We do this through on-site food distribution, deliveries to the home-bound, a free clothes closet and a case referral program to help clients connect with other services they may need.*

Care for Real is located at:  
5339 N. Sheridan Road, Chicago, IL, 60640

\*\*\*\*\*

**Contact for Care for Real: Dzana at 773-769-6182 or email [dh@careforreal.org](mailto:dh@careforreal.org)  
Hours of operation: Monday – Friday 8am – 4pm & Saturday 8am – 1pm**

**Contact from Philoptochos: Kathy Siavelis  
[gsiavelis@sbcglobal.net](mailto:gsiavelis@sbcglobal.net), or 847-677-0217**

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During the month of August backpacks and school supplies are collected for children from Care For Real, in the Edgewater area only a few blocks from our church. Philoptochos along with Vacation Bible School and the Parish participate in this.. Checks are also accepted for supplies to be purchased and may be made out to St. Andrew's Women's Philoptochos (SAWPS).

**For more information go to their website at [www.careforreal.org](http://www.careforreal.org) or  
call the contact number above.**

**You may also contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



## *Night Ministry*

### **Night Ministry Mission Statement**

*The Night Ministry compassionately provides housing, health care, outreach, spiritual care, and social services to adults and youth who struggle with homelessness poverty and loneliness. We accept individuals as they are and offer support as they seek to improve their lives. We invite others to join this hope-filled work.*

Night Ministry is located at;  
4711 N. Ravenswood, Chicago, IL 60649

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**Contact for Night Ministry: Aidan McCormack, Community & Congregational Relations Coordinator, 773-506-6004 or [aidan@thenightministry.org](mailto:aidan@thenightministry.org)**

**Contact from Philoptochos: Vonnie Karafotias  
[vonnie@karafotias.com](mailto:vonnie@karafotias.com) or 630-378-4878**

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### **Having learned about this organization:**

- Philoptochos along with Sunday School and the Parish have teamed up with The Night Ministry to do a Personal Items Drive. We collect items such as: toilet paper, laundry detergent, shaving cream/razors, hand soap and much more.
- Philoptochos also bakes cookies. The Night Ministry distributes them at The Crib, their overnight shelter for young adults, or through their Health Outreach Bus. The bus travels to six neighborhoods over four nights a week bringing fresh baked goods with a little touch of caring and home to their bus guests.

**For more information on volunteering, donating or learning more about their programs visit their website at [www.thenightministry.org](http://www.thenightministry.org) or call the contact number above.**

**Please Like them on Facebook, follow them on Twitter,  
and check them out on You Tube**

**You may also contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**





## *Children's Hospital University of Illinois*

### **UIC Mission Statement**

***We are dedicated to providing comprehensive family-centered health care to all children, multi-level professional education to students, physicians and allied health care workers in all aspects of pediatrics, and a voice of advocacy for children of the state of Illinois. We are also actively engaged in the community to improve the health status of children through preventative and educational efforts, and to lead with basic and clinical research into childhood diseases to move the field of pediatrics forward. Our diverse medical teams bring the world's latest advancements to patient care, research, and teaching.***

This is a 46 bed unit and we get birth up to about 24 year old patients, with all diagnoses. The majority of our patients are our oncology, transplant, and sickle cell anemia patients.

The hospital is located at:  
1740 West Taylor St., Chicago, IL 60612

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**Contact for UIC Pediatrics: Lindsey Cousins, Child Life Specialist,  
[lcousins@uic.edu](mailto:lcousins@uic.edu), 312-413-0662**

**Contact from Philoptochos: Terri Mikuzis  
[tmikuzis@comcast.net](mailto:tmikuzis@comcast.net) or 847-832-1631**

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### **Over the past few years we have teamed up with UIC Pediatrics to coordinate:**

- Fleece blankets which we make and are distributed to the children for the holidays.
- Sunday School Children with a Christmas Wish List to bring their gifts the 1<sup>st</sup> Sunday of December for our Birthday for Jesus Project. Gifts are collected and are taken to the hospital to be distributed to the children in the hospital along with their siblings for Christmas.
- Philoptochos and the Parish also participate in the Christmas Gifts given.

**For more information go to their website at [www.hospital.uillinois.edu](http://www.hospital.uillinois.edu) or call the contact number above.**

**You may also contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



## *Feed the Hungry*

**Contact from Philoptochos: Patty Tsaoussis**  
**[pattypappas9661@gmail.com](mailto:pattypappas9661@gmail.com), or 773-467-8810**

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Feed the Hungry is part of the ongoing outreach from all the Philoptochos' in the Metropolis of Chicago. Under the guidance of the Metropolis Philoptochos this program has been going on for over 25 years. Each Philoptochos is given one time a year to prepare a lunch for over 150 people. This takes place every Tuesday or Thursday at the Annunciation Cathedral, throughout the calendar year. Volunteers arrive at 10:30 am and lunch is served at 11:30 am. Your two hour commitment of serving a hot meal to our guests is appreciated.

We also collect **ONLY** clean coats, scarves, hats, gloves and clothing for both men and women. These items are available for our guests to take as they leave. Because many of our guests are homeless, these items are much needed and appreciated. **NO children's items.** These items can be dropped off at the church during the month of **January ONLY.**

Annunciation Cathedral is located at:  
1017 North LaSalle Street, Chicago, IL

**For more information about helping with this,  
contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



## *Greek American Rehabilitation and Care Centre*

### **Greek American Rehabilitation and Care Centre Mission Statement**

*To provide quality nursing home care to the elderly with genuine hospitality.*

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**Greek American Rehabilitation & Care Centre Phone Number: 847-459-8700**

**Contact from Philoptochos: Maria Kotsinis**  
**[reenote@comcast.net](mailto:reenote@comcast.net) or 847-867-3093**

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Once a year, a visit is made to the Greek American Rehabilitation Centre by our Philoptochos. The guests are treated to some homemade items made by the ladies. The children of the parish are invited to come also. The afternoon is filled with activities and fellowship which are enjoyed by all.

Greek American Rehabilitation Centre is located at:  
220 N. 1<sup>st</sup> St., Wheeling, IL 60090

**For more information go to their website at [www.greekamericancare.org](http://www.greekamericancare.org)  
or call the contact number above.**

**You may also contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



*St. Andrew's Women's Philoptochos  
Philanthropy Poor Fund*

**Contact from Philoptochos: Philoptochos President**

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This fund has been set aside for things such as grocery cards, CTA passes and for any other needs that may arise. The person contacts the Parish Priest and then in turn he contacts the Philoptochos President if assistance is needed.

**For more information contact the President of Philoptochos.**



## *Literacy Awareness Program*

### **Philoptochos Literacy Mission Statement**

*The mission of the Literacy Committee is to promote literacy for children and adults through a “hands-on” approach appropriate for use by all Philoptochos Chapters. Philoptochos will actively work to promote motivation, success and enjoyment of reading and oral communication for school age children. In addition, Philoptochos will encourage the strengthening of ties between generations by providing opportunities for adult tutors and young children to bond through additional instruction, support and encouragement.*

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**Contact from Philoptochos: Kathy Siavelis**  
**[gsiavelis@sbcglobal.net](mailto:gsiavelis@sbcglobal.net) or 847-677-0217**

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### **Our chapter along with National Philoptochos has teamed up in:**

- Conducting a Holiday Book Drive featuring the Loukoumi Series of books, written by Nick Katsoris. The books include: Loukoumi, Loukoumi’s Good Deeds and Loukoumi’s Gifts.
- Purchasing a Loukoumi book helps in many ways. For each book sold through our Philoptochos Chapter, the author will donate money to St. Jude Children’s Research Hospital and to our National Philoptochos Society’s Social Services Fund, as well as will donate one book per book sold to the Philoptochos Chapter’s local charity. Our recipient for St. Andrew’s Philoptochos has been the UIC Pediatrics Hospital.
- Participating in the “*National Make a Difference Day*” Program, which takes place annually on the last Saturday of October. Philoptochos together with our Sunday Church School and Parish Youth collaborate in a Make a Difference with Loukoumi Project to bring awareness of our individual gifts and how our gifts can make a difference in the lives of others through our acts of kindness.

**For more information about helping with this,  
contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**



## *Food Pantry*

**Contact from Philoptochos: Fotine Bloom**  
**[fotine14@yahoo.com](mailto:fotine14@yahoo.com) or 773-202-1885**

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The Food Pantry is located in the auditorium hallway. Throughout the year, people in need stop by St. Andrew's and are given food from our pantry.

The parish is asked to help fill this pantry during the year by bringing some of these non-perishable items:

*Canned Goods (fruit, soup, tuna, tomato sauces, vegetables etc.)*

*Cereals, Oatmeal, Breakfast Items*

*Pasta Sauce, Tomato Sauce, Pasta, Mac n Cheese*

*Cookies, Cake Mixes, Frosting*

*Juice/Juice Boxes*

*Jelly, Pancake Mix/Syrup*

*Oil & Vinegar, Salad Dressings, Salt & Pepper*

*Flour/Sugar, Coffee, Tea, Hot Chocolate*

Please make sure whatever items are brought have **NOT EXPIRED**. We would also appreciate **flip top lids** for canned items if possible.

If you are unable to go shopping and would like to make a **monetary donation**, please leave your donation at the church office marked "**Food Pantry**" and we will restock the pantry as needed.

**For more information about helping with this,  
contact your Philoptochos representative.**

**Be a part of this ongoing outreach program.**





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